Washington County School Nutrition

Procedures for Requesting Dietary Modifications

The Washington County School Nutrition Program will make reasonable modifications for students with disabilities and/or allergies. Modifications will be determined on a case-by-case basis. Some modifications do not require a medical excuse. Those modifications that do require a medical excuse must be signed by a physician, nurse practitioner, or a physician's assistant. This provides the detailed information that our SN staff needs to adequately care for each student's nutritional needs.

The form with directions can be found on the web site, and once completed should be returned to your child's school cafeteria. The SN Manager will review and approve the form, and the Special Diets Coordinator will review daily to be sure that the menu is modified as directed by the medically signed form. When necessary the WC 504 Coordinator will provide assistance to school nutrition staff for a better understanding of a special student's needs.

Should allergies or needs change at any point, parents can provide a newly signed medical form and submit again, but changes may only be made in writing. New forms are required when students move to new schools in our system.